

ARROYO

School News

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October 2017

It is amazing that we have completed a quarter of the school year already. Please take some time to read through the information in this newsletter as it will give you important information about upcoming events and initiatives as we move forward.

I want to say thank you for your participation in our Goodwill Donation Drive. On September 30, with your help, we were able to collect over 17,000 pounds of items. Because of this, we were able to fight unemployment in Arizona by supporting no-cost career centers. In addition, Goodwill made a \$2,200 donation back to our Arroyo Wolfpack to be used for student activities.

As we look ahead, I want to bring your attention to some work that we are doing as a staff related to "**GROWTH MINDSET.**" According to Carol Dweck, in her book "Mindset": "In a **fixed mindset**, people believe their basic qualities, like their intelligence or talent, are simply fixed traits. They spend their time documenting their intelligence or talent instead of developing them. They also believe that talent alone creates success—without effort. In a **growth mindset**, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment," writes Dweck. "Students who embrace growth mindsets—the belief that they can learn more or become smarter if they work hard and persevere—may learn more, learn it more quickly, and view challenges and failures as opportunities to improve their learning and skills."

As always, if you need anything, please do not hesitate to contact me at 602-896-5105, email me at Philip.liles@wesdschools.org, or stop by my office to speak with me directly.

In Arroyo tradition, HOWWLLLLL!

YOUR Principal,

Philip Liles



October Calendar

- 10/9 - 10/13 Fall Break – NO SCHOOL
10/16 Cross Country First Practice 6:45 a.m.
Boys Basketball Tryouts 2:45 – 4:00 p.m.
10/17 Boys Basketball Tryouts 2:45 – 4:00 p.m.
10/18 Early Release – 1:00 p.m. Dismissal
10/20 6-8 Gr. Field Trip to Great Skate
10/23 – 10/27 Red Ribbon Week 
10/25 Early Release – 1:00 p.m. Dismissal
Cookie Dough Fund-raiser Pickup
2:30 – 2:45 p.m., Cafeteria
10/26 Early Release – 1:00 p.m. Dismissal
10/27 Early Release – 1:00 p.m. Dismissal
Trunk or Treat/Curriculum Night 
5:30 – 6:30 p.m.

Important Upcoming November Events

- 11/1 Parent/Teacher Conferences
1:20 – 8:00 p.m., Translation Night
11/2 Parent/Teacher Conferences
2:45 – 6:45 p.m.
11/3 1st Quarter Awards Assemblies


Gr. 6 - 8	7:45 – 8:30 a.m.
Gr. 4 - 5	12:40 – 1:30 p.m.
Gr. K - 3	1:30 – 2:30 p.m.

Parent/Teacher Conferences as needed

Second Annual Trunk-or-Treat!

Friday, October 27 from 5:30-6:30 p.m. in the main parking lot.



We need your help! This is a growing event and Arroyo PTA needs donations to make it successful. PTA will be putting together a raffle basket for each grade level, and will need items for their theme. We also need bags of candy or small prizes to hand out to students. Please consider donating to this fun family event!

If you would like more information, or would like to decorate your vehicle and participate, please contact Mrs. Dunn @ 602-896-5109 or email Marchele.dunn@wesdschools.org for more information.



4650 W. Sweetwater Avenue, Glendale, AZ 85304 • 602-347-2600 • www.wesdschools.org
Governing Board: Bill Adams, President • Larry Herrera, Vice President
Aaron Jahneke, Member • Tee Lambert, Member • Nikkie Whaley, Member
Dr. Paul Stanton, Superintendent

MATH IS POSITIVE

("Setting up Positive Norms in Math class" by Jo Boaler –
youcubed at Stanford University):

"Everyone can learn math to the highest levels" (part 1 in a 7 part series)

Encourage your child to believe in themselves. There are different parts to this – first we need students to know that they can achieve at any math level, and there is no such thing as a math person.

Second, we need them to have a "growth mindset" – believing that they can learn anything, and the more they do the smarter they will get.

An important way to encourage a growth mindset is by praising what your child has done and learned, not them as a person. So, instead of saying "you are so smart," say "it is great that you have learned that."

Some videos you might want to share with your child to encourage positive brain messages and a growth mindset:



youcubed.org/teachers/from-stanford-onlines-how-to-learn-math-for-teachers-and-parents-brain-science

<http://youcubed.org/students/boosting-messages>

Red Ribbon Week

The National Red Ribbon Campaign is the oldest and largest drug prevention program in the nation. The awareness campaign focuses on alcohol, tobacco, drugs and violence and is observed annually in October. Arroyo will recognize Red Ribbon Week, October 23-27. This year's theme is *Your Future is Key, So Stay Drug Free*.

With a rise in opioid use in Arizona, we are asking that parents talk to their children about the dangers of drugs and alcohol. Parents are encouraged to:

- Talk to your children about the consequences of substance abuse.
- Set clear rules for your children about abusing drugs, alcohol, or over the counter medication.
- Provide good examples to your children by not using illegal drugs or medication without a prescription
- Monitor your children's behavior and enforce appropriate consequences.
- Get to know your children's friends and follow them on social media.



Take the National Red Ribbon Campaign Pledge to remain drug free online at redribbon.org

Bullying

One in five students report being bullied, according to the National Bullying Prevention Center. However, when those numbers were more closely observed it was determined that almost half did not truly meet the definition of school bullying (National Bullying Prevention Center). The National Center Against Bullying defines school bullying as, an individual or a group of people with more power, who repeatedly and intentionally cause hurt or harm

to another person or group of people who feel helpless to respond. Bullying must continue over time, and occur with malicious intent (National Center Against Bullying).

Bullying is not:

- Social rejection or dislike
- Acts of nastiness or spite
- Random acts of aggression or intimidation
- Mutual arguments, disagreements or fights.

Arroyo pledges to ensure that students feel safe at school. All bullying reports are investigated.

Bullying incidents are reported immediately to the Principal or Administration designee. All reports of bullying will be handled in accordance with District guidelines. The District looks at these elements of bullying

- Written, verbal, physical or emotional
- Cause harm or fear of causing harm
- Creates intimidation, threat or abuse
- Interferes with school environment and/or school sponsored events
- Severe, persistent, pervasive
- Imbalance of power and/or strength



We want to make sure students identify what bullying is and to address it appropriately. If you see something, say something!

Last month there were seven classrooms who participated in Bullying Prevention Talks with our Social Worker, Mrs. Carver. The students were read the book *Have you Filled a Bucket Today?* The book addressed bucket filling and bucket dipping. Bucket fillers are people who take the time to care for others, who help without being asked, hand out compliments and spread good feelings to their friends and community. They fill up people and their buckets. Bucket dippers on the other hand, put themselves first, refuse to help, say unkind things and look for ways to take from their community. They dip into the community and into people's buckets. Let's all work towards filling someone's bucket!

Arroyo celebrates positive student characteristics and is a Character Counts school. We are recognizing our students who display one of the six pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship. We honored our first group of students with exemplary character on October 5 in front of their peers. Students are recognized with a special lanyard indicating that they are a student with high moral character. The famous Frederick Douglass stated it best, "it is easier to build strong children, than repair broken men." Every day, the staff and faculty at Arroyo work diligently to build students academically, socially, and emotionally. We are in the business of building strong children!

Be a better ME; Make a better YOU.